## Shabbat in the Mountains Nature-Connected Shabbat in the Colorado Front Range

## November 6, 2021 @ 10:00 am Beaver Brook-Chavez trailhead (Chief Hosa exit from I-70)

Celebrate Shabbat and Creation with song, praise, learning and wandering among trees, flowers, critters and mountains!

"When you will return to Nature—on that day your eyes will be open, you will gaze straight into the eyes of Nature, and in the mirror you will see your own image. You will know that you have returned to yourself, that when you hid from Nature, you hid from yourself." -- A.D. Gordon



We have reserved the beautiful picnic area at the trail, so we have exclusive use of the area to wander and wonder.



We'll follow the general flow of the Shabbat morning service, and we'll allow space for singing, chant, discussion and contemplation. We'll wander and intentionally connect to the natural surroundings. It will go until about noon, followed by kiddush, lunch, and conversation and learning if desired. Jon will be available for additional natureconnection activities in the afternoon as well.

View of amphitheater and aspen forest from picnic shelter

For info or directions and to let us know you're attending, Contact Jon Gottsegen, Jongottsegen@gmail.com, 303-947-5164

"May it be my custom to go outdoors each day among the trees and grasses, among all growing things..." Rebbe Nachman of Breslov

